



For Physical, Mental and Spiritual renewal

The Spa at Meadow Lake is a place to get away from it all and escape reality! The premier spa facility in Northwest Montana featuring locker rooms, a relaxation room, individual and couples treatment rooms, and the only spa in the area to have a Vichy Shower. The Spa also features a unique hammered copper soaking tub. The Spa at Meadow Lake is the ideal location to indulge in the ultimate relaxation experience.

The Spa at Meadow Lake offers a full menu of body, facial, and waxing treatments.

- Face Treatments
- Body Treatments
- Massage Therapy
- Hand and Foot Treatments
- Manicure and Pedicure
- Spa Products and Gifts

We also welcome the opportunity to help you organize your special occasion spa party

Check In

Please arrive 5-10 minutes prior to your appointment. By arriving early, you will be able to relax and enjoy your experience for the full time allotted just for you.

Payment

We accept Cash, Credit Cards and Room Charges

Exfoliation

At your discretion, gratuities are graciously accepted by our Staff.

Cancellation and No-Show policy

Your appointment is very important to us. As a courtesy to other guests and to our Therapists please give us at least 24 hour notice if you need to cancel a treatment. Should you fail to show or cancel an appointment there will be a flat fee of \$60.00. This will be shown on your credit card as a room charge. Please understand that our staff is impacted by late cancellations.

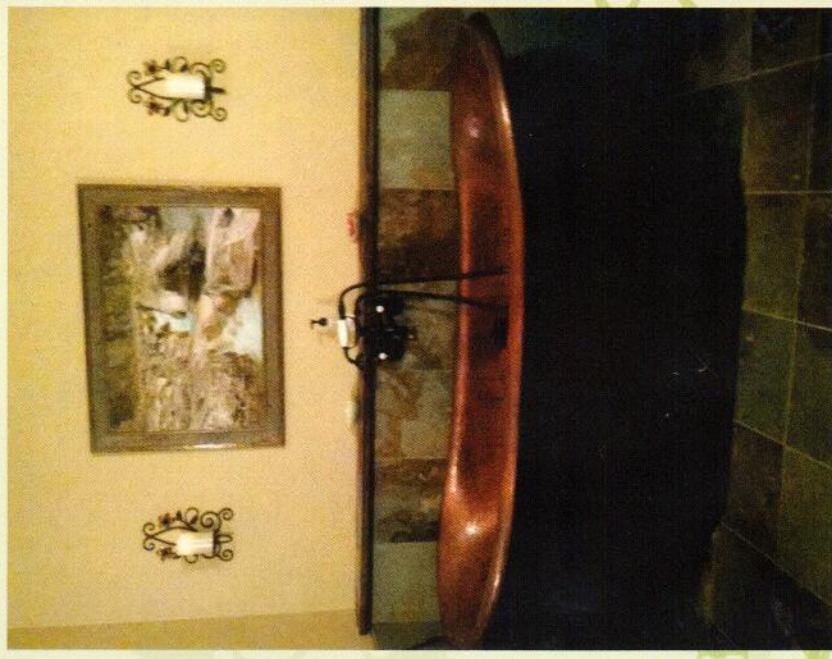
Each treatment duration includes time for dis-robing and in-room recovery time after the service.



THE SPA

AT MEADOW LAKE

A Luxury Retreat



Hours

Day	Hours
Monday	10:00am - 5:00pm
Tuesday	10:00am - 5:00pm
Wednesday	10:00am - 5:00pm
Thursday	10:00am - 5:00pm
Friday	10:00am - 5:00pm
Saturday	10:00am - 5:00pm
Sunday	11:00am - 4:00pm



THE SPA

AT MEADOW LAKE

100 St. Andrews Drive
Columbia Falls, MT 59912

(406) 892-8728

www.meadowlake.com

Email us at:

thespaatmeadowlake@yahoo.com

Escape Reality Body Treatments

- Desert Clay Detox Body Wrap**
60 Min. \$125
- Hydrating Body Wrap**
60 Min \$125
- Aromatherapy Scrub**
30 Mon \$55
- Moisture Scrub-Milk and Honey**
30 Min \$55
- Stimulating Scrub-Cocoa and Coffee**
30 min \$55
- Royal Bath Soak**
30 min. \$30

Massage Treatments

- Swedish Massage**
30 min \$45
60 min \$85
90 min \$110
- Aromatherapy**
30 min \$50
60 min \$90
90 min \$115
- Deep Tissue**
30 min \$50
60 min \$95
90 min \$125
- Honey Massage**
60 min \$95
90 min \$130
- Thermal Palms**
60 min \$100
90 min \$150
- River Rock Massage**
60 min \$100
90 min \$150
- Prenatal**
30 min \$45
60 min \$85
- Sports Massage**
60 min \$95
90 min \$125
- Rockin Reflexology**
60 min \$75
* includes hot stones, foot soak and scrub
- Reflexology**
60 min \$65
90 min \$100
- Craniosacral**
90 min \$110

Facial Treatments

- Hydropeptide Clarifying Facial**
This acne clarifying power boost provides effective exfoliation to combat acne and revitalize dull skin. Combining salicylic and acne fighting peptides to clear skin of impurities and lift signs of sun exposure.
60 min \$135
- Hydropeptide Anti-Wrinkle Facial**
This relaxing treatment infuses the skin with rejuvenating and uplifting benefits of peptides, growth factors and proteins that leave your skin firm and younger looking.
60 min \$125
- Gentleman's Facial**
A relaxing, European style facial that targets overworked and over stressed skin.
60 min \$125
- Meadow Lake Signature Facial**
Our signature facial includes cleansing, toning, exfoliating, massage, mask, serum, eye cream and moisturizers that will be customized to your needs.
45 min \$75
- Express Facial**
If you are short on time. Ideal for stressed, dull, tired skin that needs a pick me up.
30 min \$60
- LED Light Facial**
Light therapy uses flashing lights to stimulate specific responses in the body. There are different colors to create different responses. Our machine is covers a wide range of skin concerns.
\$45 per session or \$150.00 for package of 4 sessions

- Cleansing Back Treatment**
Pampering back treatment that includes a sugar scrub, massage, moisture or mud mask and a hydrating body cream to make your back silky smooth.
45 min \$50
- Bellanina Facelift Massage**
Firms sagging skin, stimulate oxygen flow to facial tissue, release toxins, and soften lines. Surface wrinkles are less visible and slow the formation of new ones.
60 min \$85
- Mountain Lift Face Massage**
Warm stone massage, cleansers, a mask, honey lift and warm towels along with a 30 minute face massage decreases stress lines and relax facial muscles.
30 min \$50 60 min \$85

Spa Packages

- The Flavor of the Seasons: \$199**
60 Minute Mountain Lift Face Massage
30 minute Scrub
60 Minute Swedish Massage
- Whole Body Rescue: \$160**
30 Minute Mountain Lift Face Massage
60 minute Swedish Massage
Royal Tub Soak
- Mountain Treat for Two: \$350**
60 min Mountain Lift Facial
60 min Swedish Massage and a Royal Tub Soak
*Cheese/crackers and 2 Glasses of wine included
- Glacier Mountain Massage: \$110**
60 Minute Massage
Royal Tub Soak

***Or call us to make your own special package**

Nail Services

- Spa Mani or Pedi Treatment** includes a soak, scrub, honey massage, polish** and lotion. \$30/\$45
- Mini Mani or Pedi Treatment** includes cuticle maintenance, file nails, buff and polish** \$25/\$35
**Gel Polish add \$10
- Gel Full Set \$55 Gel Fill \$30**
Acrylic Full Set \$55 Acrylic Fill \$30
Gel polish change \$30
- Nail Art \$1 and up**

Gift Shop

- Locally made products:
Pottery* Barn Wood Frames* Jewelry* Soy Fragrances
Meadow Lake Lotion, Shower Gel, Shampoo, and Conditioner